





Ni hao!

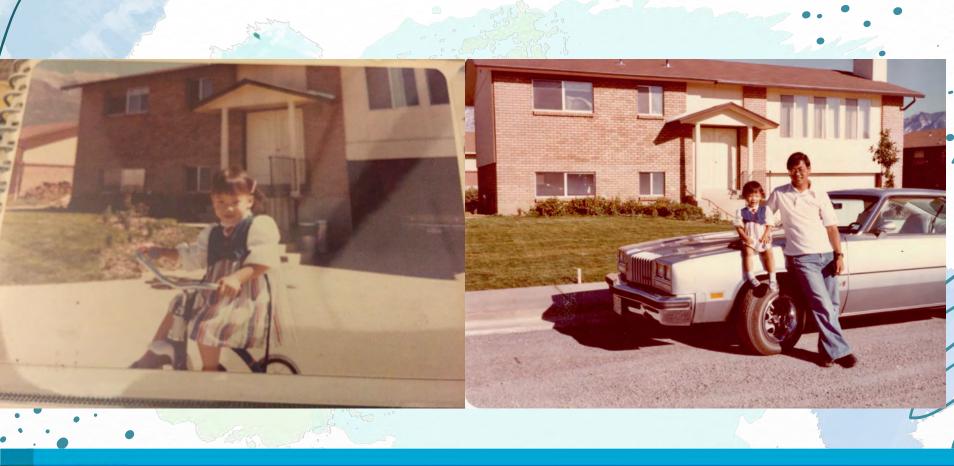
Karen Liu (she/her/hers)





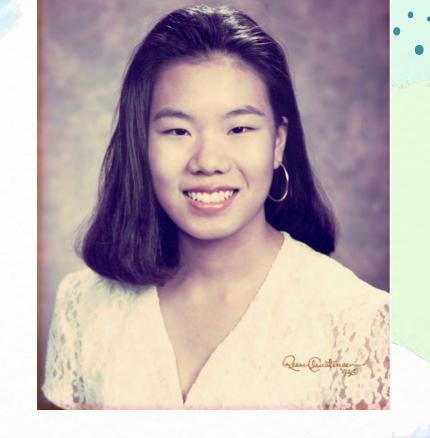
The Ute Indian Tribe of the Uintah and Ouray reservation is located in Northeastern Utah (Fort Duchesne) about 150 miles east of Salt Lake City, Utah. The reservation is in a three-county area, known as the Uintah Basin. The reservation is the second largest Indian Reservation in the U.S. and covers over 4.5 million acres. They have a membership of 2,070, and over half of the members live on the reservation.

Three bands of Utes make up the Northern Ute tribe: the Whiteriver, Uncompanyer, and Uintah. The Uintah Band was first to call the Uintah Basin their home. Later, the Whiteriver and Uncompanyer bands were removed from Colorado to the Uintah Valley Reservation, creating the Uintah and Ouray Reservation.



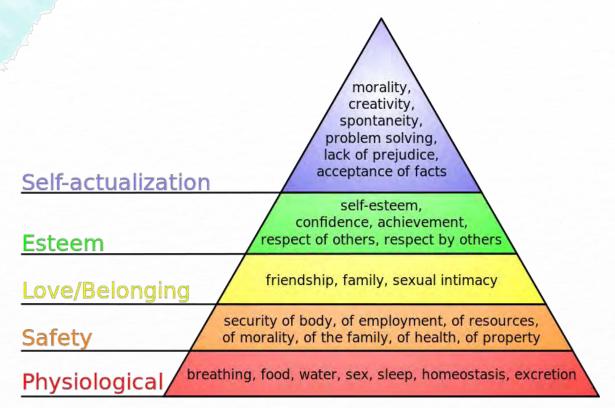














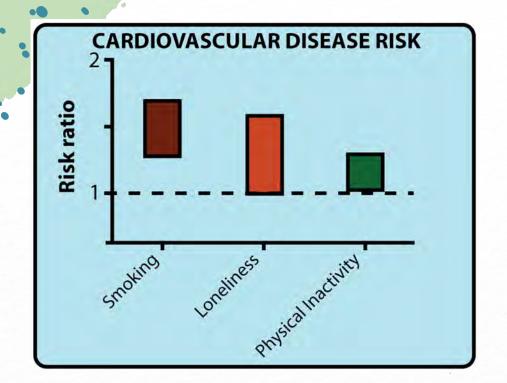






## ALONE VS. LONELINESS





#### Loneliness:

- Increases risk of early death by 20%
- Worse than smoking 15 cigarettes/day
- More dangerous than obesity on physical health



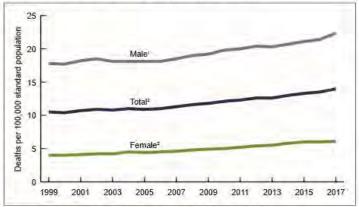
2018 Utah Department of Health Report More than 4,500 Utahns ages 10 and up attempt suicide each year.



From 1999 through 2017, suicide rates increased for both males and females, with greater annual percentage increases occurring after 2006.

 From 1999 through 2017, the age-adjusted suicide rate increased 33% from 10.5 per 100,000 standard population to 14.0 (Figure 1). The rate

Figure 1. Age-adjusted suicide rates, by sex: United States, 1999-2017



"Stable trend from 1999 through 2006; agnificant increasing trend from 2006 through 2017, p < 0.001.
"Significant increasing trend from 1999 through 2017 with different rates of change over time, p < 0.001.
NOTES: Subolice are identified using international Classification of Diseases, Tenth Revision underlying cause-of-death oddes.
U03, X60-X64, and Y87.0. Age-adjusted death rates were calculated using the direct method and the 2000 U.S. standard population. Access data table for Figure 1 at: https://www.odc.gov/inchs/data/databriefs/db330\_tables-508.pdf#1.
SOURCE: KCHS, National Vital Statistics System. Mortality.





#### **BLOG & EVENTS**



## The Trevor Project Supports Asian American Communities

February 17, 2021

The Trevor Project condemns anti-Asian sentiment and racist acts of violence targeting Asian American communities across the country. Discrimination against Asian American Pacific Islander (AAPI) communities is not new, and acknowledging the country's long history of mistreatment of marginalized communities is an important step in working towards anti-racism.

As the largest suicide prevention and crisis intervention organization supporting LGBTQ young people, our crisis services are all too familiar with the unique mental health impacts of discrimination against AAPI young people. We know that these experiences can add to the rejection, violence, and prejudice that AAPI LGBTQ young people already face every day, and can increase their risk for negative mental health outcomes such as suicidal ideation.

Our research shows that AAPI LGBTQ youth report rates of depressed mood and suicidality that are higher than rates found among straight/cisgender AAPI youth, and AAPI transgender and nonbinary youth are at three times the increased risk for attempting suicide compared to cisgender AAPI LGBQ youth.

We also estimate that more than 1.8 million LGBTQ young people seriously consider suicide each year, just in the U.S. alone. Last year, we directly served over 150,000 crisis contacts — 6% of which identified as an AAPI young person. We know as we expand our organization to reach even more of those 1.8+ million LGBTQ youth, we will soon serve a significantly higher number of AAPI LGBTQ young people.





#### PREVENTING SUICIDE

## Facts About Suicide







- Suicide is the 2nd leading cause of death among young people ages 10 to 24.<sup>1</sup>
- LGB youth seriously contemplate suicide at almost three times the rate of heterosexual youth.<sup>2</sup>
- LGB youth are almost five times as likely to have attempted suicide compared to heterosexual youth.<sup>2</sup>
- Of all the suicide attempts made by youth, LGB youth suicide attempts were almost five times as likely to require medical treatment than those of heterosexual youth.<sup>2</sup>
- Suicide attempts by LGB youth and questioning youth are 4 to 6 times more likely to result in injury, poisoning, or overdose that
  requires treatment from a doctor or nurse, compared to their straight peers.<sup>2</sup>
- In a national study, 40% of transgender adults reported having made a suicide attempt, 92% of these individuals reported having attempted suicide before the age of 25.<sup>3</sup>
- LGB youth who come from highly rejecting families are 8.4 times as likely to have attempted suicide as LGB peers who reported no
  or low levels of family rejection.<sup>4</sup>
- 1 out of 6 students nationwide (grades 9–12) seriously considered suicide in the past year. [5]
- Each episode of LGBT victimization, such as physical or verbal harassment or abuse, increases the likelihood of self-harming behavior by 2.5 times on average.<sup>6</sup>

https://www.thetrevorproject.org/resources/preventing-suicide/facts-about-suicide/



# VISIBILITY Matters



According to <u>recent research</u> from *School Library Journal*, 81% of librarians surveyed think it is "very important" to have books featuring protagonists and experiences that reflect a wide array of ethnicities, cultural or religious backgrounds, disabilities, gender identities, and LGBTQIA+ orientations.

https://medium.com/everylibrary/3-ways-librarians-can-challenge-stereotypes-and-celebrate -diversity-2b1bdcb51764





Proportion of children's books by people of color published in the US (2017)\*



3,150

White

274

Asian Pacific/ Pacific Americans

122

African/ African Americans

116

Latinos

38 American Indians/ First Nations



source: Cooperative Children's Book Center 2017

\*based on 3,700 books received by CCBC in 2017







Hey, so let's talk about the importance of diversity in children's books. We all know that books teach empathy. For a lot of people in this country, the first chance they get to meet BIPOC and LGBTQIA folks is in the pages of a book. I can't stress how important this is.



Books by and about BIPOC and LGBTQIA are the most challenged in this country. Think about why and then work to keep these books in our schools and libraries. The very existence of these books is a challenge to ongoing racism and hate.





Mychal @mychal3ts ⋅ 45m

People of color should be represented everywhere. I'm honored to be a Black librarian #RepresentationMatters





Q 10

LJ:

75



Jason R @jnastyone95

Replying to @mychal3ts and @KamalaHarris

Can't you just be a librarian, what's the difference



Mychal Threets June 15, 2020

I work in the library system that I grew up in. I've had a library card since I was 5-years-old, I never saw a black librarian as a kid. I didn't dream of becoming a librarian as a kid, but it's the best. thing I've ever done. I love serving my community, and trying to get everyone to fall in love with the library. As a librarian, I've had kids come up to me at outreach and say "I didn't know you could be black and work at the library." Color has a place in the library because all colors were not always even allowed to get a library card. Color has a place in libraries because we are adamant about everyone being welcome. Color has a place in everything because color is everywhere. Quite frankly, I will always be proud to be a black librarian ... See Less





- 1. Books are for use.
- 2. Every reader his/her/their book.
- 3. Every book its reader.
- 4. Save the time of the reader.
- 5. The Library is a growing organism.

S. R. Ranganathan, mathematician and librarian

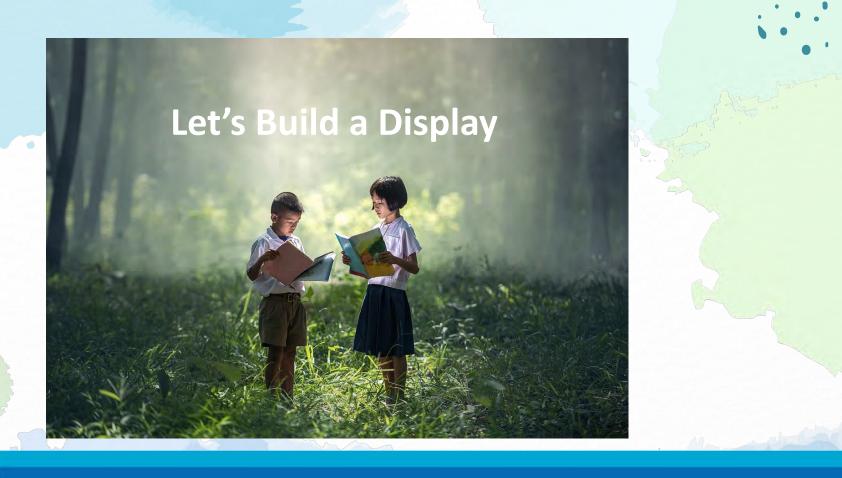




















Photo courtesy of Martha Cooper Public Library, AZ











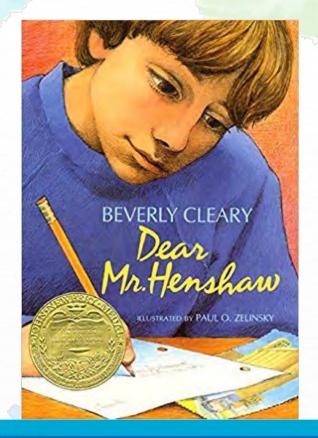
- Is it inclusive?
- Is it effective?
- Can it be improved?

Photo courtesy of Christian Lash, Portage-Cragin branch of the Chicago Public Library.



## BIASES

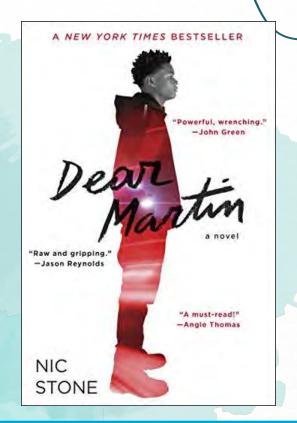




- Boy struggles with home life, challenges in school with friendships
- Writes letters to a revered adult figure
- Shares thoughts and feelings



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- Writes letters to a revered adult figure
- Shares thoughts and feelings







"Stunning." JOHN GREEN



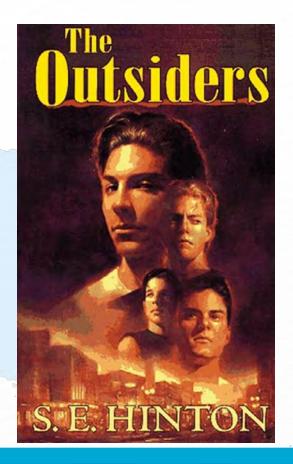


**ANGIE THOMAS** 

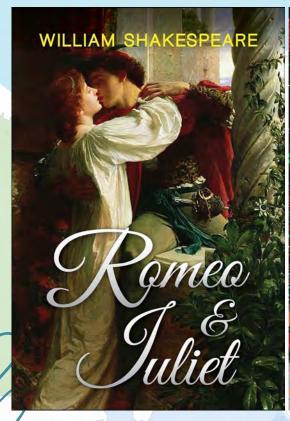
- Gangs
- Socio-economic disparity
- Sexuality and language
- Tragic death

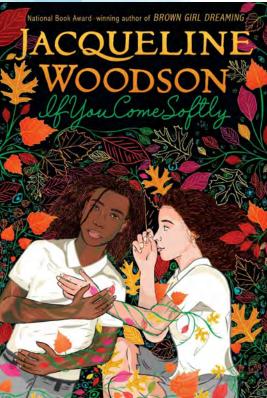


- Gangs
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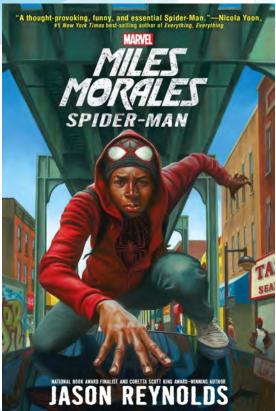




- Two young people meet and unexpectedly fall in love
- Despite different families and backgrounds
- Come up with a plan to be together
- Tragedy keeps them apart

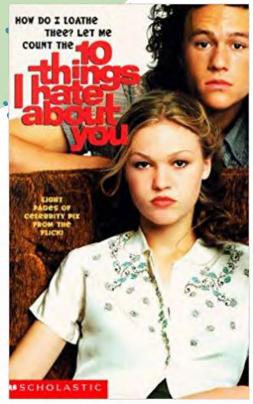






- Web-slinging superhero
- Bit by radioactive spider
- Nerdy teen who saves the city





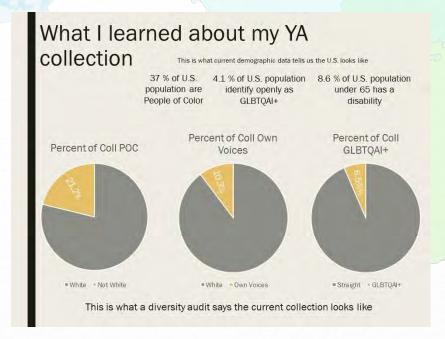






### **Diversity Audits**

- Assess your collection
- 2 Use data metrics
- 3 Develop a plan for growth



https://www.teenlibrariantoolbox.com/2018/10/library-journals-equity-in-action-doing-a-diversity-audit/http://www.teenlibrariantoolbox.com/files/2017/11/Diversity-Audit-Outline-2017-with-Sources.pdf
https://www.slj.com/?detailStory=diversity-auditing-101-how-to-evaluate-collection
https://www.alsc.pla.org/blog/2020/09/how-to-conduct-a-diversity-audit/



### What's the tea?







### BYU investigates after 'racist, anonymous' comments flood race and immigration panel

By Carter Williams, KSL.com | Posted - Feb 7th, 2020 @ 9:14pm



#### Anonymous

5:17 PM



https://www.ksl.com/article/46714966/byu-investigates-after-racist-anonymo

us-comments-flood-race-and-immigration-panel



### Anonymous

5:10 PM



Why do African Americans hate the police? If they would obey the law and do what they say we wouldn't have this problem



0

#### Anonymous

5:11 PM



How is it to be black? I dont See color



#### Anonymous

5:13 PM



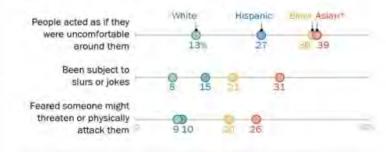
What is the percentage of African Americans on food stamps?





### Asian and Black Americans more likely than other groups to report negative experiences because of their race or ethnicity since the coronavirus outbreak

% saying each of the following has happened to them because of their race or ethnicity since the coronavirus outbreak



% saying they \_\_\_\_\_ because of their race or ethnicity a great deal or a fair amount



https://www.pewsocialtrends.org/2020/07/01/many-black-and-asian-americans-say-they-have-experienced-discrimination-amid-the-covid-19-outbreak/















EDUCATION

**Utah School Reexamines Allowing** Parents To Opt Out Of Black History Month Curriculum





"We are excited to celebrate the rich content of Black History Month at our school," Maria Montessori Academy said in a statement

By Rachel DeSantis February 09, 2021 12:49 PM







Donovan Mitchell @spidadmitchell

I don't know where to start.... racism is taught... and the fact that kids are being told by their own parents to not learn about black history and black excellence is sickening and sad!! And this is just part of the problem.... smh

The Hill @ @thehill Feb 6

Utah school allowing parents to opt students out of Black History Month curriculum hill.cm/XjTO4II





### 'Alarming surge' in anti-Asian violence across US terrifies community members

Although it is difficult to prove recent incidents were fueled by bigotry, activists and community leaders say race has played a major role



A People walk in the Chinatown area of New York City on 5 February. Photograph: Angela Weiss/AFP/Getty Images

https://www.theguardian.com/us-news/2021/feb/20/anti-asian-violence-us-bigotry

The Asian American community has reached a "crisis-point", said Judy Chu, a California congresswoman who chairs the Congressional Asian Pacific American Caucus. Community members were "terrified by the alarming surge in anti-Asian American bigotry," she said.

"These attacks are no accident," Chu said. "It's clear January 6 was not the only violence Donald Trump incited."

Chu's words come amid a wave of violent incidents against Asian American and Pacific Islanders across the US. Although it is difficult to prove that these violent incidents are purely motivated by bigotry, activists and community leaders, as well as victims and their families, think that race has played a major role.



▲ Jessica Wong, front Left, Jenny Chiang, center, and Sheila Vo, all from the Massachusetts Asian American Commission, condemn racism aimed at Asian communities during the pandemic on 12 March, Photograph: Steven Senne/AP

Vicha Ratanapakdee, an 84-year-old Thailand native who lived in San Francisco, died several weeks ago after being shoved to the ground. The victim's family reportedly <u>said</u> to <u>KTVU</u> that he was attacked because of his race and age.





# Utah schools end program to read kids more books on diversity after parent outrage

BY CAMERON JENKINS - 02/11/21 06:24 PM EST

4,688 SHARES

305 COMM

Just In...

Biden seeks to escape Trump's ghost

ADMINISTRATION - 5M 51S AGO

Majority of people receiving COVID-19 vaccines are white, which Fauci calls 'disturbing'

HEALTHCARE - 8M 2S AGO

Is Nikki Haley morphing into a presidency-losing Mitt Romney?

OPINION - 15M 26S AGO

Italy commemorates





TWEET

https://thehill.com/homenews/state-watch/538532-utah-schools-end-program-to-read-kids-more-books-on-diversitv-after



# Utah parents complained after kids were read a story about a transgender boy. Now other diverse books are on hold.

Murray School District has suspended its "equity book bundles."

"Kyle Lukoff, who wrote "Call Me Max," told The Salt Lake Tribune on Wednesday that the picture book was written for a kindergarten to third grade audience. And he believes it's important for young students to see transgender characters and how those individuals are just like anyone else — with their own likes and dislikes and personalities. They're a part of the community, he said.

Some kids, he said, might be transgender and appreciate the book for representing them. But, for many, he added, it's just about being accepting and understanding."

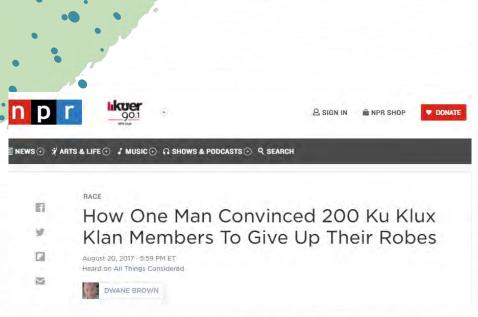
https://www.sltrib.com/news/education/2021/02/11/utah-parents-complained/



"We are all vulnerable to the slow... practice of dehumanizing, therefore we are all responsible for recognizing it and stopping it."

-Brene Brown

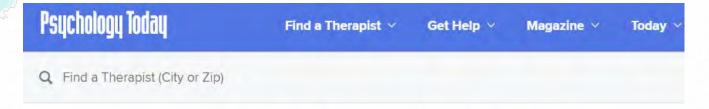






https://www.npr.org/2017/08/20/544861933/how-one-man-convinced-200-ku-klux-klan-members-to-give-up-their-robes







Alan Jern Ph.D. Overthinking TV

### Can Watching TV Reduce Prejudice?

Recent experiments suggest that the answer is: Maybe, a little.

Posted Feb 22, 2021



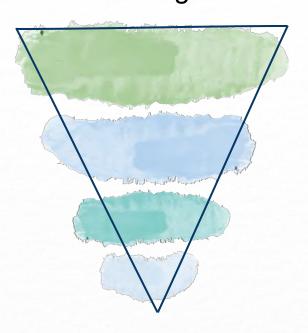




 $\frac{https://www.psychologytoday.com/us/blog/overthinking-tv/202102/can-watching-tv-reduce-prejudice?fbclid=lwAR0MrrC5UUQzqOZ7AD08nfYXvy0zdG5}{h5rszmE7eAOrXMGcDFO697i2mhBs}$ 



### When we expose our communities to diverse collections, • the following increases:



- Cultivate and develop cultural competence
- Help children make cross-cultural connections
- 3 Develop skills to function in a culturally pluralistic society



# The Library is for **EVERYONE**



## SAFE







- What are you reading?
- What are you displaying?
- What are you recommending?

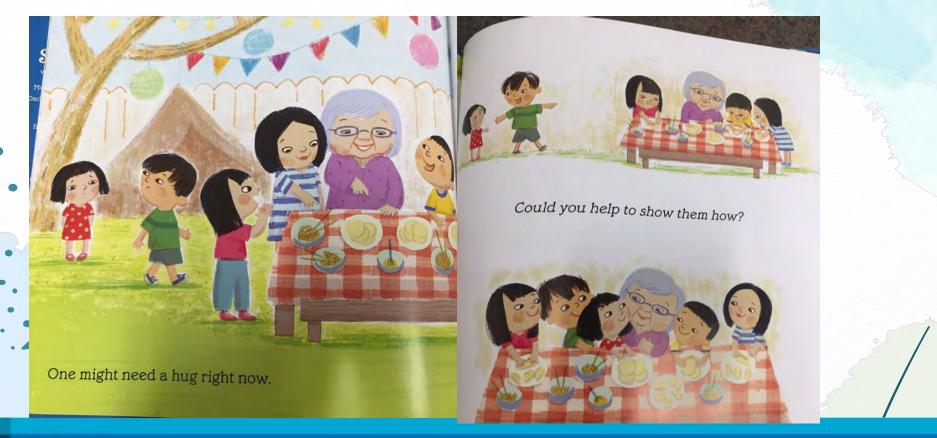




But little Tikki tikki tembo-no sa rembo-chari bari ruchipip peri pembo had been in the water so long, all because of his great long name, that the moon rose many times before he was quite the same again.

And from that day to this the Chinese have always thought it wise to give all their children little, short names instead of great long names.

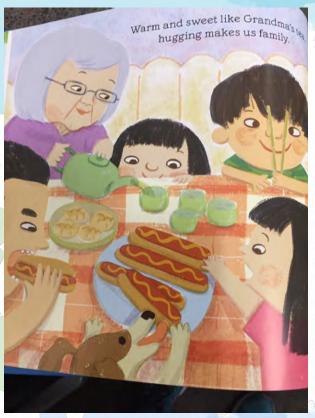


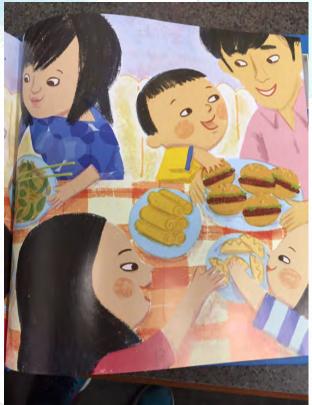














### **SANCTUARY**







ANY youth can access this help.

- Go to a Safe Place site or
- Go to Youth Services Juvenile Receiving Center or
- Text SAFE and their location to 69866.

Contact: Chandler Parkinson, Safe Place Coordinator at 385-468-4528





#### Chat - CrisisLine -

Opens 2 - way messaging with a SafeUT CrisisLine counselor.

#### Call - CrisisLine

Tap this to speak to a SafeUT CrisisLine counselor. The CrisisLine number will appear and you can call immediately.

#### Submit a Tip

Submit confidential tips to school administrators on bullying, threats, or violence.





- 1. Books are for use.
- 2. Every reader his/her/their book.
- 3. Every book its reader.
- 4. Save the time of the reader.
- 5. The Library is a growing organism.

S. R. Ranganathan, mathematician and librarian





In 1998 Michael Gorman, former President of the American Library Association, updated Dr. Ranganathan's work and devised five new laws of librarianship

Brought to you by



http://librarysciencedegree.usc.ed



- 1. Libraries serve humanity.
- Respect all forms by which knowledge is communicated.
- 3. Use technology intelligently to enhance service.
- 4. Protect free access to knowledge.
- 5. Honor the past and create the future.



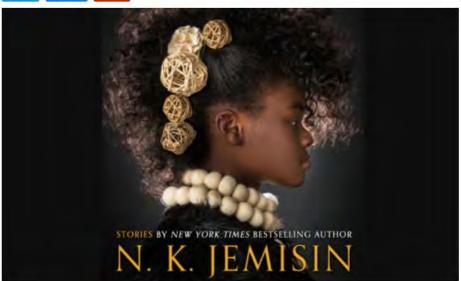
### If You Really Want to Unlearn Racism, Read Black Sci-Fi Authors

By Cree Myles Jun 22nd, 2020, 1:33 pm 42 comments





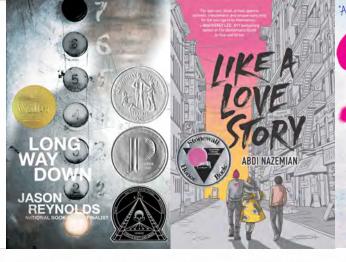




https://www.themarysue.com/unlearn-racism-black-sci-fi-authors/?fbclid=IwAR06J8XAH0oV6cf8vLP0Y6AY\_MT5RGbLqVv2cSnGLeqPsf4MNQaaRYiWio























A LIBRARY IS A PLACE OF SAFETY,

A HAVEN FROM THE WORLD.

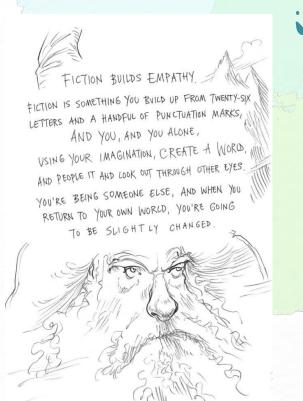
IT'S A PLACE WITH LIBRARIANS IN IT.



YOU'RE FINDING OUT SOMETHING AS YOU READ THAT WILL BE VITALLY IMPORTANT FOR MAKING YOUR WAY IN THE WORLD. AND IT'S THIS:

THE WORLD DOESN'T HAVE TO BE LIKE THIS. THINGS CAN BE DIFFERENT.







I SUGGEST THAT
READING FICTION, THAT READING FOR PLEASURE,
IS ONE OF THE MOST IMPORTANT
THINGS ONE CAN DO.

I'M MAKING A PLEA FOR PEOPLE TO UNDERSTAND WHAT LIBRARIES AND UBRARIANS ARE, AND TO PRESERVE BOTH OF THESE



FICTION IS THE LIE THAT TELLS
THE TRUTH.
WE ALL HAVE AN OBLIGATION TO DAYDREAM.
WE HAVE AN OBLIGATION TO
[MAGINE.

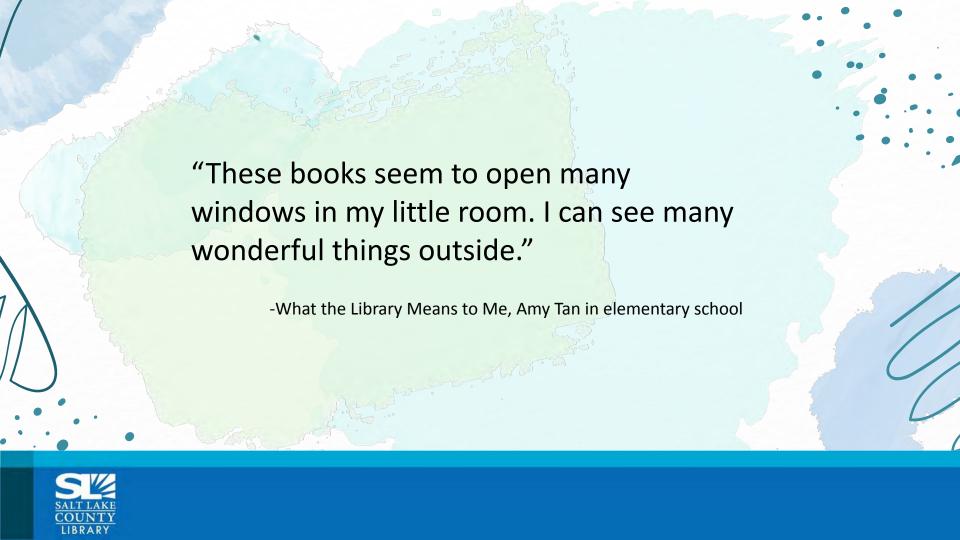
IT IS EASY TO PRETEND THAT NOBODY CAN CHANGE ANYTHING, THAT SOCIETY IS HUGE AND THE INDIVIDUAL IS LESS THAN NOTHING.

BUT THE TRUTH IS

IN DIVIDUALS MAKE THE FUTURE,
AND THEY DO IT BY [MAGINING THAT
THINGS CAN BE DIFFERENT.







### **Check Out These Resources**

- We Need Diverse Books <a href="https://diversebooks.org/">https://diversebooks.org/</a>
- The Brown Bookshelf https://thebrownbookshelf.com/
- 46 LGBTQ+ YA Books to Read <a href="https://www.epicreads.com/blog/lgbtq-ya-books-pride/">https://www.epicreads.com/blog/lgbtq-ya-books-pride/</a>
- Levar Burton Reads <a href="https://www.levarburtonpodcast.com/">https://www.levarburtonpodcast.com/</a>
- Chimamanda Ngozi Adichie: The Danger of a Single Story <a href="https://youtu.be/D9lhs241zeg">https://youtu.be/D9lhs241zeg</a>
- http://www.ala.org/advocacy/diversity/culturalprogrammingtopromotediversity
- https://www.theatlantic.com/health/archive/2017/04/how-loneliness-begets-loneliness/521841/





### Karen Liu Youth Services Librarian

The County Library | Riverton

12877 S 1830 W Riverton, UT 84065 801.944.7671 kliu@slcolibrary.org

thecountylibrary.org









### **THANKS**







Do you have any questions? addyouremail@freepik.com +91 620 421 838 yourcompany.com

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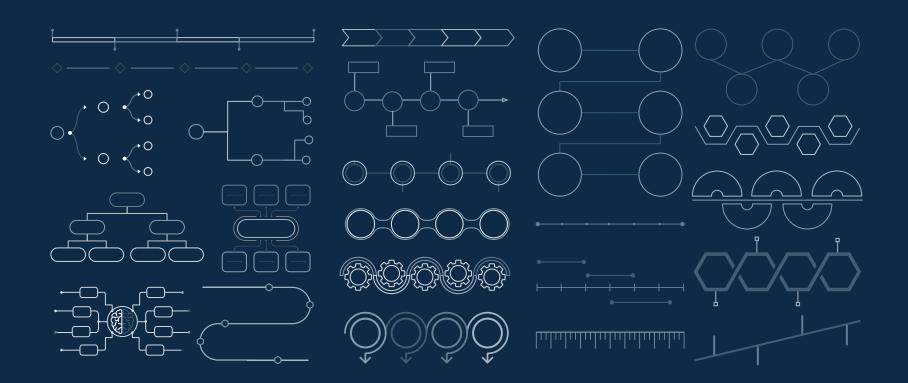
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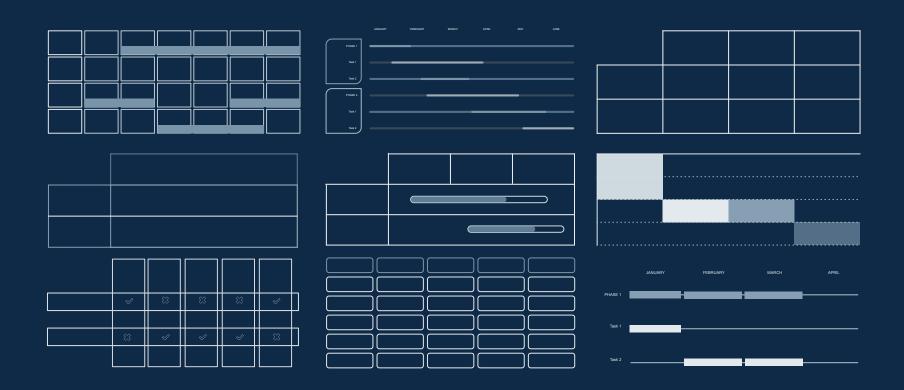
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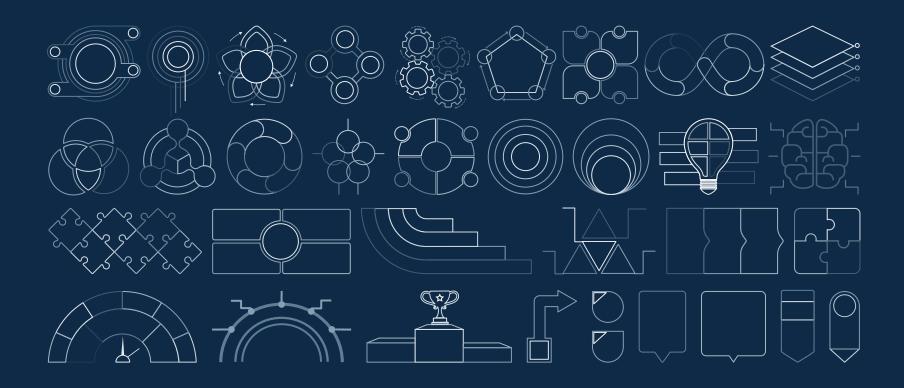
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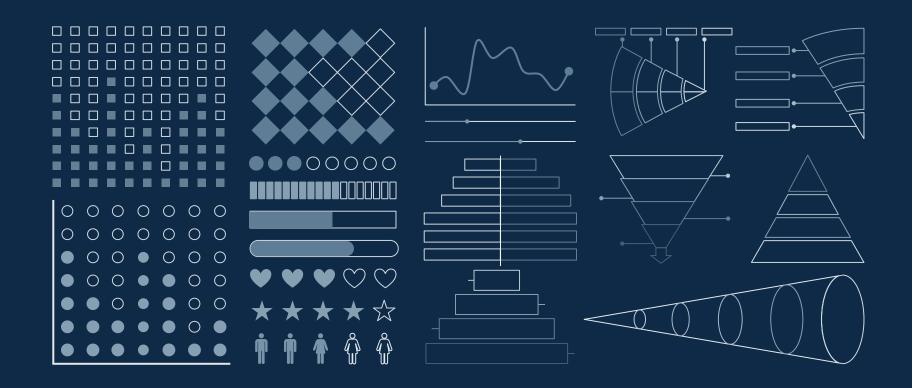
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#073763 #3d85c6 #6fa8dc #9fc5e8 #9edcd9 #93c47d #b6d7a8









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### Nature Icons



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